

MENU 4

	Monday	Tuesday	Wednesday	Thursday	Friday
S N A C K	Bagels with Cream Cheese Apple Slices Water	Apple Sauce Toast Water	Cereal Banana Slices Water	English Muffins w/ Cheese Whiz Orange Slices Water	French Toast w/Maple Syrup Seasonal Berries Water
L U N C H	Creamy 4-Cheese Chicken Penne w/Peas Rolls w/Butter Orange Slices Milk	Chicken Burgers Potato Wedges Corn Banana Slices Milk	Cheese Quesadillas Nachos & Salsa Rice Seasonal Fruit Milk	Bacon and Cheese Pierogies Salad w/ Dressing Pears Milk	Fish Sticks French Fries Mixed Veggies Apples Milk
S N A C K	Graham Crackers Pears Water	Goldfish Fresh Fruit Water	Trail Mix (Pretzels, Cheerios Raisins, Shreddies) Water	Arrowroot Cookies Fresh Fruit Water	Nutrigrain Bars Melon Slices Water