

# MENU 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>S N A C K</b>	Cereal Fresh Fruit Water	Pancakes With Maple Syrup Banana Slices Water	Cinnamon Raisin Bagels With Butter Seasonal Fruit Water	Yogurt Pita Triangles Water	Waffles Blueberries Water
<b>L U N C H</b>	Tuna Casserole Mixed Veggies Dinner Rolls Fresh Fruit Milk	English Muffin Pizza Cauliflower W/ Cheese Sauce Bananas Milk	Grilled Cheese Tomato Soup Pear Slices Milk	Oven Baked Ziti Mixed Veggies Bread and Butter Oranges Milk	Chicken Quesadillas Mexican Rice Corn Apples Milk
<b>S N A C K</b>	Trail Mix (Cheerios, Shreddies, Pretzels & Raisins) Water	Variety of Fresh Veggies and Dip Graham Crackers Water	Homemade Muffins Orange Slices Water	Granola Bars Fresh Fruit Water	Graham Crackers Apple Slices Water
			<b>WEEK THREE</b>		